

Burke County Emergency Services State Medical Assistance Team (SMAT)

Team Member Eligibility & Requirements

Each Team Member Shall:

1. Be an active member of a volunteer or paid agency in Burke County and is covered by workers compensation insurance. Most (but not all) members need to possess at a minimum a current credential as a North Carolina Emergency Medical Technician – Basic. At least one team member must be credentialed at the EMT-Paramedic level when deployed.
2. Hold and maintain a valid driver's license issued by North Carolina Division of Motor Vehicles.
3. Successfully complete an Awareness Level Hazmat course (OSHA or NFPA 473 or EMS/HM Level I). This training shall be completed prior to employment.
4. Have access to and maintain a vehicle for use in responding to a deployment.
5. Attend and pass Weapons of Mass Destruction (WMD) Type III Team Training (36 hours) that includes NFPA 473 EMS/HM Level II Responder Chapter 3-3 and 4 1997 prior to deployment.
6. Attend a minimum of two (2) SMAT Type III training sessions each year.
7. Participate in a minimum of two (2) functional exercises per year with other emergency agencies at the local and/or regional level (EMS, Fire, Hazmat, Law Enforcement, Public Health and Hospitals).
8. Be able to deploy with the team within thirty (30) minutes of notification locally and within two (2) hours for a state deployment.
9. Agree to be deployed locally, regionally or statewide for a maximum of five (5) days (to include up to two (2) days of transportation) to perform duties assigned to the team.
10. Maintain a three (3) day personal pack.
11. Participate in a personal fitness program established and approved by Burke County Emergency Services.
12. Complete a Personal Health Record as required by Burke County Emergency Services.
13. Provide to Burke County Emergency Services documentation of a Respiratory Health Surveillance Examination yearly.
14. Be able to lift and carry fifty (50) pounds at a minimum of one hundred (100) feet.
15. Provide documentation to Burke County Emergency Services of Hepatitis B, Tetanus Toxoid, Tuberculin Skin Test and any other OSHA-directed preventive measure per OSHA Standards.

Physical Requirements

Each team member shall not have any of the following health risks:

- Hypertension (BP Systolic >150 Diastolic >90). Team member may provide documentation from a Physician that the team member is on medication maintaining BP within a safe range.
- Seizure activity within the last five (5) years.
- Hypoglycemic (low blood sugar) events causing unconsciousness or altered mental status in the last five (5) years (not controlled by medication).
- Pulse <60, >120, heart block, arrhythmia's (irregular heart rates)
- Morbid obesity.
- Shortness of breath climbing three (3) flights of stairs.
- Claustrophobia
- Limited range of motion in any of the four (4) extremities including fingers and toes.
- Any recently diagnosed serious medical condition that would place the team member in jeopardy while functioning as a member of the team.

Each team member must successfully complete a refresher course approved by the State at a minimum of once every two (2) years. When requested by the State and notified in a timely fashion (a minimum of forty-five (45) days), agree to participate in locally/regionally scheduled applicable meetings, training, tabletop exercises, functional exercises and after-action meetings held by County Emergency Management, hospital bioterrorism/disaster committees, and/or Burke County Local Emergency Planning Committee.